

MIDDLE SCHOOL HEALTH

GRADE 8

Teacher: Mr. Ricci-Munn

COURSE DESCRIPTION

Students will explore a wide variety of advanced health and wellness related subject matter. Particular emphasis will be placed upon the examination of the following units of study:

- Social & Emotional Wellness Concepts
 - Stress & Mental Health
 - Time Management
 - Decision Making
 - Peer Pressure & Refusal Skills
 - Building Community & Combating Hate (II)
 - Healthy Relationships
- Physical Wellness Concepts:
 - Implications of Alcohol, Tobacco, Vaping, Marijuana & Prescription Use (*recreational drug use education*)
 - Human Reproductive System Health (*sex education*)

COURSE PHILOSOPHY

By cultivating a learning environment which fosters a fascination with the exploration of health and wellness related subject matter, we will provide students with valuable life skills that will allow them to better care for themselves, members of their community and the world around them.

PARTICIPATION and CLASS WORK

All students must participate in the progress of the class by actively listening as well as by sharing information orally. Students will be asked to work in cooperative groups and must show a helpful and respectful attitude at all times. Students should come to class every day with a writing utensil, planner and other requested materials.

GRADING

Grading will occur on the standard letter grading scale (A through F). Active participation in class activities, completion of assignments, good citizenship and a willingness to try will ensure a passing grade. Please see the grading rubric for detailed evaluation criteria.

JOURNAL (*for in school/in person learning only*)

All students will need to obtain a single-subject spiral bound notebook with pockets for class. Students should have this notebook by the 3rd class meeting

PLEASE PUT YOUR NAME ON THE OUTSIDE OF THE NOTEBOOK

Grades 7 & 8 Grading Rubric

Score	10	8	6	2
Citizenship 20%	Consistently follows all rules. Displays excellent behavior at all times. Demonstrates cooperation & respect during all interactions with peers and staff members.	Inconsistently follows rules. Displays good behavior during most, but not all, class meetings. Demonstrates cooperation & respect during most, but not all, interactions with peers and staff members.	Rarely follows rules. Does not typically display good behavior during class meetings. Rarely demonstrates cooperation & respect during interactions with peers and staff members.	Never follows rules. Frequently displays poor classroom behavior during class meetings. Rarely or never demonstrates cooperation & respect during interactions with peers and staff members.
Class Participation 60%	Highly engaged during all class activities. Self – motivated and hardworking. Successfully completes and submits all assignments on time.	Engaged during most, but not all, class activities. Infrequently self – motivated and hardworking. Completes <i>(not always successfully)</i> and submits most assignments on time.	Disengaged during most class activities. Requires frequent reminders to stay on task. Unsuccessful completion of most assignments. Fails to submit the majority of assignments on time.	Disengaged during all class activities. Requires frequent and continual reminders to stay on task. Fails to complete and submit all or most assignments on time.
Unit Project 20%	Successfully completes and submits unit projects on time.	Completes <i>(not always successfully)</i> and submits most unit projects on time.	Fails to successfully complete and submit unit projects most of the time.	Fails to successfully complete and submit unit projects.

